



Del Mar Caregiver Resource Center
A program of Health Projects Center

WHAT ARE THE SYMPTOMS OF COVID-19

COVID-19 causes a range of symptoms in those infected. The following symptoms may appear 2-14 days after exposure:

SEVERITY	SIGNS & SYMPTOMS
Asymptomatic	No symptoms at all
Mild	Mild cold-like symptoms, such as stuffy or runny nose, cough, sore throat, or achiness. Some people have also reported mild diarrhea.
Severe	Fever, cough, shortness of breath, breathing difficulties; may progress to pneumonia.
Critical	Respiratory failure, septic shock, multiple organ dysfunction or failure, and even death.

What should you do if you or your loved one shows symptoms?

Contact a doctor right away if you notice any of the symptoms listed above, especially if you or someone you know recently travelled or been in contact with someone who is known to have the virus.