

CAREGIVER UNIVERSITY

A Time for Learning and Sharing

WORKSHOP

How to Make Your Doctor Visit Successful

- Are you starting to have difficulties at doctors' visits feeling misunderstood and getting what you need?
- In the class participants will learn the importance of preparing for a visit, the keys to good communication and tips on becoming an effective advocate for themselves or their loved ones by developing the skills necessary for hav-



Date: Wednesday, June 12, 2019

Time: 10:30 a.m. – 12 p.m.

Location: Hollister Community Center
300 West St, Hollister

Participants **MUST** register:

831-459-6639

or www.delmarcaregiver.org

Support Provided By:



FREE EVENT!

Presented By:



DEL MAR CAREGIVER RESOURCE CENTER
A program of Health Projects Center

Sponsored By:



Valley Patient Care

Fragrance-free event. As a courtesy to those affected, please attend smoke and scent free.