

CAREGIVER UNIVERSITY

A Time for Learning and Sharing

WORKSHOP

Working with Mental Health Disorders

- Learn the basic features and characteristics of the most common mental health diagnoses
- Engage in effective communication skills and behavioral techniques to improve interactions
- Know the warning signs of potentially dangerous situations and when and where to go for help
- Gain confidence when working with care receivers who have a mental health diagnosis



Date: Thursday, May 23, 2019

Time: 2:00 p.m. – 3:30 p.m.

Location: Highland Park Senior Center
8500 Highway 9
Ben Lomond CA 95005

Participants **MUST** register:

831-624-1588

or www.delmarcaregiver.org

Support Provided By:



FREE EVENT!

Presented By:



DEL MAR CAREGIVER RESOURCE CENTER
A program of Health Projects Center

Sponsored By:



Fragrance-free event. As a courtesy to those affected, please attend smoke and scent free.