



SANTA CRUZ COUNTY

Caring for a Spouse or Life Partner Caregiver Support Group

When: 2nd Tuesday every month: 1:30pm – 3:00pm

Where: Online Group

Contact: 800-624-8304

Facilitator: Jessica Mattila, Family Consultant

MONTEREY COUNTY

Latino Caregivers Support & Education Group

When: 2nd Monday of every month: 5:30pm – 7:30pm

Where: Online Group

Contact: 800-624-8304

Facilitator: Maria Quiroz, Family Consultant

SAN BENITO COUNTY

Memory Impairment Caregivers Support Group

When: 1st Wednesday of every month: 6:00pm – 7:30pm

Where: Online Group

Contact: 800-624-8304

Facilitator: Christina Andrade, Senior Family Consultant

Parkinson's Support Group

When: 2nd Friday of every month: 1:30pm- 3:30pm

Where: Online Group

Contact: 800-624-8304

Facilitator: Christina Andrade, Senior Family Consultant

For information about caregiver services, call:
Del Mar Caregiver Resource Center | 1-800-624-8304
Or visit: www.delmarcaregiver.org