

Presented by Health Projects Center's
Del Mar Caregiver Resource Center
and Seniors Council



*Are you caring for
an elderly family
member?*

Join us for...

Caregiver University

A Day of Learning and Sharing

2010

Saturday, May 15

9:00 am - 1:00 pm

Registration and Continental

Breakfast 8:00 - 8:55 am

Inner Light Ministries,
5630 Soquel Drive in Santa Cruz

FREE EVENT!

Visit our Community Resource Booths

Workshops presented by local experts:

- 10 Things Every Caregiver Should Know
- Understanding Dementia, Memory Loss & Alzheimer's Disease
- Community Resources
- Stress Management Strategies for Caregivers

Pre-registration required by May 7.

For information or to register, call

831-459-6639

Event Sponsors:

