

The Santa Cruz County Caregiver Action Group and
the Cabrillo College Extension proudly announce

Caregiver Training Series

An innovative series in Home Health Caregiving

Family caregivers and
Entry-level paid caregivers

Join Us

- Improve your caregiving skills
- Learn about the aging process
- Discover resources
- Meet other caregivers
- Engage with community professionals
in Human Services, In-Home Support,
Nursing, and Elder Care.



Essentials of Caregiving	Saturday, September 18	9:30-12:30
Advanced Care Planning and End-of-Life Needs	Saturday, September 18	1:00-4:00
Managing Hygiene and the Activities of Daily Life	Saturday, October 2	9:30-4:00
Keeping it Safe: Transfers and the Body Mechanics of Caregiving	Saturday, October 16	9:30-4:00
Finding the Answers: Challenges of Dementia Care	Saturday October 30	9:30-4:00
Community Resources and You	Saturday, November 13	9:30-12:30
How to Make Caregiving a Successful Career	Saturday, November 13	1:00-4:00

Certificate of Completion

awarded upon participation and attendance of all seven classes

Mail-in Registration or Register online at Cabrillo College Community Extension

<http://mundo.cabrillo.edu/services/extension/healthcare.html#caregiver>

Questions?

Call Health Projects Center, 459-6639 or email caregiver@calcentral.com

A limited number of need-based scholarships are available.

Registration

Cabrillo College Community Education

Print, complete and mail to:

Cabrillo Extension
6500 Soquel Drive
Aptos, CA 95003

Or Fax to: 477-5239

Name _____ Address _____

Work phone _____ City _____

Home phone _____ State, Zip _____

- Check enclosed (Payable to Cabrillo College)
 Charge my credit card Visa Mastercard

Card # _____

Expiration Date _____ Signature _____
(required) (required)

Class Name & Number	Start Date	Participants Name	Fee

Total \$ _____

How do you prefer to be contacted for changes, updates, cancellations, etc?

- Phone at: _____
 E-mail at: _____
 Fax at: _____
 US Mail at: _____

How did you hear about this class? _____

Refund Policy

There's no fine print in our refund policy. Classes cancelled by Cabrillo will be refunded in full. We will gladly process your request for a refund or transfer if that request is resolved in our office at least five (5) working days prior to the beginning of the class. There is a 10% service fee, subject to a \$5 minimum. We cannot accept requests for refunds or transfers, regardless of the reason, if they are received less than five (5) working days prior to the class. If you find at the last minute that you are unable to attend a class, you may send someone in your place. Thank you. *Traffic School and Motorcycle Safety Training have different refund policies.*